

Marcum Matters

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Board of Trustees

Jeff Moore Jill Bramhill Emily Daddow Keith Turner Josh Wanner

Board President Board Clerk Board Member Board Member Board Member

January 2023

Upcoming Events January 2

No School- Winter Break

January 4

GATE 3:30pm-4:30pm

January 9

Board Meeting 6:00pm

January 10

Site Council Meeting (Virtual) 3:30pm

January 16

No School-MLK Jr. Day

January 18

GATE 3:30pm-4:30pm

January 20

Progress Reports

January 25

Minimum Day

Dismissal Times:

TK-2 12:20,

3-5 12:25.

6-8 12:30

January 26

Basketball Games 1:00pm

Marcum @ Browns

January 27

ROAR Assembly 2:15pm

January 28

Saturday School 8:30-

12:30

January 31

Pastries with the Principals 8:45am-9:45am



Progress Reports

Progress Reports will be sent home with students on January 20th. Please be sure to review your child's progress report so you will have a good understanding of their performance in class. After reviewing your child's progress report, please sign it and return it to school. If you have any questions or concerns about the progress report, please contact your child's teacher. Please remember that parents of 3rd-8th grade students also have access to their students' gradebooks online through our parent portal on Alma. The portal shows information about students' overall grades and attendance. If you are having trouble accessing your parent account through Alma, you may contact Stacey at StaceyS@sutter.k12.ca.us to help with getting parent access. We hope all of our parents will take advantage of this powerful tool.

Parents' Club Update

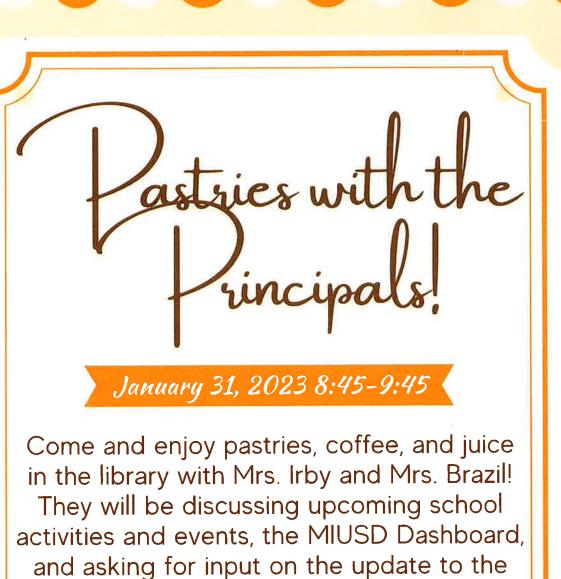
Thank you to everyone who supported the Winter Program this was a great fundraiser for Marcum Parents Club, and we were able to raise more than \$5,000! Most of this money will be split amongst the classes and saved in an account to cover the costs for our students to attend Shady Creek in 6th grade! Please join us in planning some of the fun for upcoming events by attending our next Parents' Club meeting February 7th at 6pm. It's a great way to learn more about the school, meet other parents and staff, and get involved; plus, we have pizza!

School Board Recognition Month

School board members volunteer many hours and an immeasurable amount of energy to assure that our school is providing the best education possible for the children of our community. January is School Board Recognition Month and the perfect time to acknowledge their service to our students and our community. School board members are citizens whose decisions affect our children — what they learn, who teaches them and what kinds of facilities house their classrooms. These are men and women elected to establish the policies that provide the framework for our public school. They represent you, and they take this responsibility seriously. We encourage you to take a moment this month to tell a school board member "thank you for caring about our children's education."



Thank you to our current MIUSD Board Members: Emily Daddow, Jeff Moore (President), Keith Turner, Jill Bramhill (Clerk), and Josh Wanner!



MIUSD Strategic Plan!

Enrichment Saturdays

Has your child missed a day of school this year? If so, have them come join us for one of our Enrichment Saturdays and turn their absence into a day of attendance! The classes will be from 8:30 a.m.-12:30 p.m. and school breakfast and lunch will be available. The purpose of these Saturdays is for those students who have missed a day to make it up, turning their absence into a day of attendance (this applies to both excused & unexcused absences). Having your child attend these days helps the school gain the ADA money that was lost on a day your child was absent. Students with absences will have priority to attend Saturday School Sessions. Saturday School will only make up an absence that has already occurred; you cannot bank the Saturday School Session to be applied to a future absence.

On Saturday, January 28th, we will be holding an Enrichment Saturday School!

If you would like to sign your child (ren) up, please complete the online form here https://forms.gle/92zndsDyXMt1icFL7 OR fill in the following and return it to the school office no later than January 25th. To ensure that we have enough supplies and meals for the students attending, only those that have signed up in advance may attend.

*No more than 30 students per session. Students will be signed up in the order their forms are							
received in the office.							
*Priority will be given to students who have absences.							
My child(ren) will be attending the Sa from 8:30am-12:30pm:	turday School Session on January 28th,						
Name:	Breakfast: Yes No Lunch: Yes No						
Name:	Breakfast: Yes No Lunch: Yes No						
Name:	Breakfast: Yes No Lunch: Yes No						
Name:	Breakfast: Yes No Lunch: Yes No						
Parent Signature:	Date: / /						

Dear Parents/Guardians,

At Marcum-Illinois, we encourage healthy eating and increased physical activity for our students in a variety of ways. By helping them start healthy habits early in life, we can help reduce our children's health risks and increase their chances for longer, more productive lives. One easy way to promote healthier eaters is by providing healthier options as treats. You are welcome to send traditional Birthday/Party treats to class, but we hope that parents/guardians may consider these alternatives when sending treats to school:

- 100% juice
- 100% fruit juice freezer pops
- Apples with caramel dip
- Fruit or vegetables
- Popcorn (minimal salt and butter)
- Dried fruits
- Low-fat yogurt products
- Fruit leather
- String cheese
- Sparkling water
- Pretzel products
- Real fruit popsicles
- Glow-in-the-dark items
- Slap bracelets

- Party hats
- Silly bands
- Bubbles
- Chalk
- Stickers
- Little toys
- Stamps
- Plastic rings
- Erasers
- Holiday theme items
- Pencils
- Crayons
- Pens
- Decorative pencils

As educators, caregivers, and loved ones we all want the best for our students. If you have any questions, please contact the school. We are looking forward to making our school the healthiest it can be so our students can always do their best work.

Sincerely,
Maggie Irby
Superintendent/Principal

2023

January Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
No School	Strawberry Mini Bagels	Coffee Cake	Pizza Bagel	Cinnamon Roll
Winter Break	Fruit	Fruit	Fruit	Fruit
	Milk	Milk	Milk	Milk
9	10	11	12	13
French Toast	English Muffin	Blueberry Bagel	Pancake on a Stick	Breakfast Sandwich
Fruit	Fruit	Fruit	Fruit	Fruit
Milk	Milk	Milk	Milk	Milk
16	17	18	19	20
No School	Strawberry Mini Bagels	Coffee Cake	Pizza Bagel	Cinnamon Roll
Martin Luther King Jr Day	Fruit	Fruit	Fruit	Fruit
	Milk	Milk	Milk	Milk
23	24	25	26	27
French Toast	English Muffin	Blueberry Bagel	Pancake on a Stick	Breakfast Sandwich
Fruit	Fruit	Fruit	Fruit	Fruit
Milk	Milk	Milk	Milk	Milk
30	31			
Chef's Choice	Strawberry Mini Bagels			
Fruit	Fruit			
Milk	Milk			

This institution is an equal opportunity employer

*Menu is subject to change

At Marcum-Illinois UESD under California's Universal Meals Program, all students in Preschool through 8th grade, regardless of their parents' income, are eligible for free breakfast and lunch.



January Lunch Menu

2023

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
No School	Max Stix	Cheeseburger	Chicken Nuggets	PIZZA!
Winter Break	Marinara	Tater Tots	Mashed Potatoes	Salad Ponting
	Choice of Fruit and Veggies	Choice of Fruit and Veggies	Artisan Roll	Choice of Fruit and Veggies
	Choice of Milk	Choice of Milk	Choice of Fruit and Veggies	Choice of Milk
		Treat	Choice of Milk	
9	10	11	12	13
Lasagna	Taquitos	BBQ Pork Patty Sandwich	Chicken Nuggets	PIZZA!
Garlic Knot	Refried Beans	Macaroni and Cheese	Mashed Potatoes	Salad Ponting
Choice of Fruit and Veggies	Choice of Fruit and Veggies	Choice of Fruit and Veggies	Artisan Roll	Choice of Fruit and Veggies
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Fruit and Veggies	Choice of Milk
		Treat	Choice of Milk	
16	17	18	19	20
No School	Taco Pocket	Cheeseburger	Chicken Nuggets	PIZZA!
Martin Luther King Jr Day	Spanish Rice	Tater Tots	Mashed Potatoes	Salad Ponting
	Choice of Fruit and Veggies	Choice of Fruit and Veggies	Artisan Roll	Choice of Fruit and Veggies
	Choice of Milk	Choice of Milk	Choice of Fruit and Veggies	Choice of Milk
		Treat	Choice of Milk	
23	24	25	26	27
Lasagna	Taquitos	Hot Dog	Chicken Nuggets	PIZZA!
Garlic Knot	Refried Beans	Macaroni and Cheese	Mashed Potatoes	Salad Ponting
Choice of Fruit and Veggies	Choice of Fruit and Veggies	Choice of Fruit and Veggies	Artisan Roll	Choice of Fruit and Veggies
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Fruit and Veggies	Choice of Milk
		Treat	Choice of Milk	
30	31			
Corn Dog	Cheeseburger			
Baked Beans	Tater Tots			
Choice of Fruit and Veggies	Choice of Fruit and Veggies			
Choice of Milk	Choice of Milk			

This institution is an equal opportunity employer
*Menu is subject to change

January Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
No School	Sunflower Seeds	Bean and Cheese Burrito	Applesauce	Chef's Choice
Winter Break	Banana	Juice	Cheez-Its	
9	10	11	12	13
Chef's Choice	Apple Slices	Cheese Stick	Graham Crackers	Cereal
	Wowbutter	Fruit Cup	Juice	Milk
16	17	18	19	20
No School	Sunflower Seeds	Bean and Cheese Burrito	Applesauce	Chef's Choice
Martin Luther King Jr Day	Banana	Juice	Cheez-Its	
23	24	25	26	27
Chef's Choice	Apple Slices	Cheese Stick	Graham Crackers	Cereal
	Wowbutter	Fruit Cup	Juice	Milk
30	31			
Cereal Bar	Sunflower Seeds			
Milk				
IVIIIK	Banana			

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*Menu is subject to change

At Marcum-Illinois UESD under California's Universal Meals Program, all students in Preschool through 8th grade, regardless of their parents' income, are eligible for free breakfast and lunch.

Daily Learning Planner

Ideas families can use to help children do well in school

Marcum-Illinois



January 2023

- 1. Make a list with your child of activities you enjoyed together during the past year. Schedule time on the calendar to do some of them this year.
- 2. Talk with your child about a choice you made and its consequences.
- 3. Pick a letter. How many country names can your child think of that begin with that letter?
- 4. Have your child pretend to be Mayor. Then ask your student to list three ideas for making your community a better place.
- \bigcirc 5. Challenge your child to put away 1 + 5 4 + 1 things around the house.
- Q 6. Play the Opposites Game. Say a word and see if your child can tell you its opposite.
- 7. Have a big job to finish? Look for five free minutes and get started. Small chunks of time add up, and you'll set a great example for your child.
- 8. Look for ways to involve your child in your hobbies. For example, if you are a runner, take your child for a short jog.
- 9. Have your child think of several words that start with the same letter, then use them all in one sentence that makes sense.
- 10. Look over your child's schoolwork. Talk about what your child did right before offering suggestions.
- 11. Help your child look up events that occurred on this day in history.
- 12. Have a contest: Who can name the most parts of the body? (Organs count, too.)
- 13. Decide as a family on something you want to accomplish together.
- 14. Help your child create a family joke book. Write one or two jokes per page. Staple the pages together.
- 15. Teach your child about resolving conflicts. Explain how people reach compromises. Give an example.

Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 16. Help your child learn more about the life and work of Martin Luther King, Jr.
- 17. Label four sheets of paper: Spring, Summer, Fall and Winter. Have your child write descriptive words for each season.
- 18. Help your child clean out a closet. Pass on unused toys or clothes in good condition to other families.
- 19. Encourage your child to write a letter or an email to a friend.
- Q 20. Invent a word with your child. Write a definition as it would appear in the dictionary.
- 21. With your child, learn how to count to 10 in three different languages.
- 22. Cook breakfast with your child for the rest of the family.
- 23. When you're in the store, ask your child to figure how much tax you will be charged on a purchase.
- 24. Write an encouraging note and place it on your child's pillow.
- 25. Choose a poem to read aloud to your child. With your feet, stomp out the syllables as you read.
- 26. Talk about three ways you used math today. Ask everyone in the family to tell how they used math.
- 27. Plan an indoor family "camp-out." Make a tent from a blanket. Eat s'mores. Read scary stories.
- 28. Enjoy some outdoor exercise with your child today.
- 29. Look through your house with your child. Make a list of everything that comes from plants.
- 30. Show your child three small items, then put them away. Can your child name them from memory?
- 31. At dinner, have everyone talk about one thing they learned today.



Share the wonders of science with your elementary schooler

ou don't have to be a rocket scientist to teach your child about science. Just do some simple things like these:

- Encourage your child to collect and organize objects, such as leaves, rocks, shells or bottle caps.
- Encourage investigation. Give your child a magnifying glass. Ask, "What things do you see?" "What's similar and what's different with and without the glass?"
- Talk about the science that happens at home. Which cereals get soggy in milk? Why do foods in the refrigerator get moldy? Why do some plants need more water than others?
- Show an interest in science. Look at the moon and the stars with your child. Weigh snow. Mix paint colors.

- Include your child—as an observer or, better yet, a helper-when you make household repairs or work on the family car.
- Nurture curiosity. Ask your child questions. "Why do you think ...?" "What might happen if ...?" and "How can we find out ...?"
- Go to the library. Check out books on different scientific topics.
- Give your child something to take apart—a ball point pen, a candle, an old toy. Encourage your child to figure out how it works.
- Talk about the weather. Have your child record the temperature each day for a month. Note whether the day was sunny, cloudy, rainy or snowy. Which was the coldest day? How many snowy days were there?

Get more out of conversations with your child



Are you tired of asking your child questions about school and getting little response?

Then try this strategy:

Instead of asking lots of questions when your child gets home from school, share a few things about your day first. For example: "I've had such a busy day. I had a meeting with my boss in the morning. I took Grandma to her doctor's appointment this afternoon. Then we stopped by the store to pick up groceries. It was good to get home."

After you've finished, ask your child to tell you a little bit about the school day. Prompt with open-ended questions if necessary: "What was the best part of your day?" "Tell me about what you learned today."

You can also use this strategy to start discussions about schoolwork. If your child brings home artwork from school, look at it and make some observations about what you see. Comment on the colors. Say what you like about it. Tell what it reminds you of, etc. Then ask your child, "What does it mean to you?"

Teach your child to achieve any goal by following four steps



January is a time for taking stock and setting goals. Many adults make some type of New Year's resolutions. Then two

weeks later, most realize that they haven't followed through. Kids are no different.

This year, show your child how to achieve a goal. First, encourage your child to choose a goal that can be reached in a short time frame. Then, help your child follow four steps for achieving the goal:

- State the goal. "My goal is to learn my multiplication facts." Ask your child to write it down and hang it in a prominent spot.
- **2. Plan how to meet the goal.** "I will make flash cards and study them for 15 minutes every night. I will ask Dad to quiz me on Fridays."

- 3. Talk about the goal with others. This builds commitment to the goal. Your child should tell the teacher about the goal, too.
- 4. Do each step in the plan, one at a time. If problems come up, talk about possible solutions. Perhaps your child is too tired to review flash cards after a long day of school. It might work better to study them in the mornings while eating breakfast instead.

Notice effort and progress each step of the way—and celebrate together when the hard work pays off!

"Set your goals high, and don't stop till you get there."

-Bo Jackson

Responsibility helps students have success in the classroom



Children who learn to be responsible do better in school. They get along better with teachers and peers. They make better

decisions. They're more apt to try, follow through and succeed.

To strengthen your child's sense of responsibility:

- Match chores to abilities. Are you still packing your child's lunch? How about making the bed? If so, pass the torch. Most elementary schoolers are capable of handling such tasks. Don't overload your child with too many chores, but work toward giving meaningful responsibilities.
- Teach lessons about money.
 Consider giving your child a

small allowance. When children manage their own money, they tend to develop more respect for it. Include your child when you're working on your budget. You don't have to share specific financial details, but demonstrate what budgeting looks like. Say things like, "I'd love to order pizza tonight, too, but it'll have to wait. Payday isn't until Friday."

Use consequences to teach.
 When children experience the consequences of their actions, they are more likely to learn not to make the same mistake again. If you're always running to the rescue, your child won't learn how to take responsibility for anything.

Are you making read-aloud time the best it can be?



Time spent reading aloud is critical to helping children become better readers. It's also fun!

Are you making the most

of your read-aloud time? Answer *yes* or *no* to each of the questions below to find out:

- ___1. Do you have a regular readaloud time with your child that lasts at least 20 minutes each day?
- ____2. Do you make read-aloud time fun by letting family members take turns picking the books you read together?
- ____**2. Do you encourage** your child to read a few pages aloud to you?
- ___4. Do you stop reading at an exciting place so your child will want to read again the next day?
- ____5. Do you sometimes pause to talk about what you've just read or to make predictions about what's about to happen?

How well are you doing?

More *yes* answers mean you're making the most of the time you spend reading aloud with your child and other family members. For each *no* answer, try that idea in the quiz.



Practical Ideas for Parents to Help Their Children.

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Share test-taking strategies to boost your child's test scores



There is an important test tomorrow, and your child wants to do well. In addition to studying, there are several things students

can do during the test to increase the likelihood of success.

Share these test-taking strategies with your child:

- Focus on directions. Your child should always read the directions very carefully before starting the test. If something doesn't make sense, your child should ask the teacher.
- Write down information. Some students struggle with memorization.
 If your child writes down key material from memory as soon as the test starts, it will be there to refer to later.
- Read through all the questions quickly before starting. Your child

can then calculate how much time there is to spend on each question.

- Skip a question if unsure of the answer. Tell your child to answer all of the easy questions first, then come back to the others.
- Remember the true/false rule: If any part of an answer is false, the whole answer is false.
- Use multiple-choice strategies.

 Your child should try to answer
 the question before looking at the
 choices. Or, eliminate wrong answers
 and choose among what's left.
- Outline essays. Encourage your child to make a plan and stick to main points and key details. Even a brief outline is better than no answer.
- Allow time to go back and check answers. Do they make sense?
 Are sentences complete?

Q: My child has absolutely no patience and the teacher says it is becoming a problem at school. How can I help my child develop more patience?

Questions & Answers

A: In this era of on-demand entertainment, online shopping and instant communication, it can be challenging for children to learn to wait. However, patience is vital for learning and interacting in school.

Here's how to help your child develop more patience:

- Explain that everyone has to learn to wait, and that you're going to help your child with this skill.
- Be empathetic. Let your child know you understand how hard it can be to wait for something.
- Offer opportunities to be patient. When your child asks for something, say, "In a minute."

 If you're on the phone, develop a hand signal that means, "When I'm finished."
- Help your child save money for something instead of buying it right away.
- Enjoy activities together that require patience, such as playing board games, putting together jigsaw puzzles, baking and planting.
- Help your child develop strategies for waiting—like singing songs quietly, playing "I Spy" or reading a book to pass the time.
- Model patience. Stay calm when you're stuck in traffic, for example. Say something like, "It looks like we're going to be in the car for a while. Let's use the time to play a word game."

With practice, your child will learn the patience needed for success in school—and in life.

Here's why teachers give different types of assignments



While doing a math assignment, your child says, "Why do I have to do the same kinds of problems over and

over? I'm so tired of them!"

It's true that teachers sometimes assign repetitive work, and it's helpful for students and families to understand why.

Here are four kinds of assignments—and the reasons teachers use them:

- 1. Practice assignments. Doing the same kind of work repeatedly helps students remember a skill. This is especially true when it comes to learning math, word definitions and spelling.
- **2. Preparation assignments.** This is a way to introduce students to new topics. For instance,

- students might read a book about animals before studying animal families.
- 3. Extension assignments. Students need to be able to connect separate topics. For example, they might be asked to compare and contrast two historic events.
- 4. Creative assignments. These assignments challenge students to use different skills to show what they have learned. For instance, your child might be asked to build a model for science class.

Of course, all schoolwork builds self-discipline. So remember, even if your child doesn't see a reason for an assignment, completing it will still teach valuable lessons.

Source: M. Martin and C. Waltman-Greenwood, *Solve Your Child's School-Related Problems*, HarperCollins.

It Matters: Motivation

Encouragement is more effective than praise



Most adults praise children with phrases like "Great job!" and "That looks amazing!" But experts agree that

encouragement has a more significant effect than praise on a child's motivation. So what is the difference between the two?

Praise:

- Focuses on results. "You did a great job on your science project! You got an A!"
- Uses opinion words such as good, great, terrific and wonderful.
- Is typically given when children do what is expected of them.

Encouragement:

- Recognizes effort and progress.
 "Look at that project! I can tell you've spent a lot of time on it! It must feel good to know you worked so hard!"
- Uses descriptive words. "You picked up your room without being asked. Look at that clean floor and organized desk!"
- Can be given regardless of a child's performance. "That didn't work out the way you planned, did it? I can tell you're disappointed, but I know you'll try again next week. What do you think you might do differently next time?"

The big difference is that words of praise lead children to rely on *your* assessment of their accomplishments. It promotes a dependency on affirmations. Words of encouragement, on the other hand, lead children to form their *own* positive assessment of themselves—which makes them feel capable.

High expectations motivate students to succeed in school

When adults expect elementary schoolers to succeed, students' chances of doing so improve greatly. Expect them to come up short, and the odds are that they will.

Children are usually keenly aware of how their families view them, and they often tailor their actions to those views. So it's very important to have high expectations—and to express them to your child.

To set effective expectations:

- Make sure what you expect is within your child's abilities. If you set expectations that are either too high or too low, your child may do poorly.
- Post a list of expectations. Include your expectations for behavior in places and situations such as home, school, study time, etc.
- Be consistent. Don't lower your expectations to make your child



happy. Don't raise them because you've had a rough day.

Set your child up for success.
 Offer support to help your child meet expectations. For example, provide a well-lit study space and keep distractions to a minimum.

Boost your child's desire to read with thee five strategies



When children *like* to read, they do it more often—which boosts reading skills and overall school success. To ignite

your child's love of reading:

- 1. Celebrate. Instead of simply checking out books at the library, make an event of it. Select interesting books, then choose a special place to enjoy reading together.
- **2. Explore.** Help your child discover an appealing book series. Kids often can't resist picking up the next book in a series.

- **3. Investigate.** Ask a question and encourage your child to find the answer by doing some research online.
- 4. Play. Turn something you just read together into a fun challenge: Ask your child to summarize the story using only three sentences. Can your child use the characters from the story in a new story?
- **5. Experiment.** Read a variety of books together. If your child is used to reading fiction, try reading a biography or how-to book, for example.

DINE-IN, TAKEOUT OR ORDER ONLINE!!!



PIZZA FUNDRAISER



enjoy the best pizza in town and support

East Nicolaus Jr Spartans Cheer

in their trip to Vegas for Nationals!!!!

TUESDAY JANUARY 3RD, 2023 11AM -9PM

You <u>must show</u> this flyer to OTP, mention the fundraiser or use the online code FR15 for ENJS to get credit for the sale and receive a 15% donation.





Let OTP take care of dinner and help us raise funds to support our team of 52 cheerleaders aged 5-13 and 12 coaches in their trip to Las Vegas for JAMZ Nationals January 20th, 2023.

Old Town Pizza-Lincoln

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